


# HILLTOPPER LUNCH MENU FOR SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4. No School 	5. Chicken Patty on bun Or Fish Wedge on Roll Seasoned Potato Wedges Cherry Tomatoes/lite dip Fresh Fruit Cup Red Apple	6. Italian Pasta Bake with Garlic Breadstick Or Chicken Fiesta Wrap/fixings Honey Glazed Carrots Cucumber Slices Applesauce Orange Wedges	7. Cheeseburger on bun Or Deli Submarine Sandwich Sweet Potato Puffs Baked Beans Chilled Pear Slices Melon Slice	8. Cheese Pizza Or Hot Ham & Cheese Sandwich Steamed Green Beans Celery Sticks/peanut butter Pineapple Chunks Petite Banana
11. BBQ Pork Rib on bun Or Fiesta Taco Wrap/fixings Seasoned Potato Rounds Romaine Spring Salad Sliced Peaches Red Apple Slices	12. Chicken Nuggets Or Baked Fish Wedge Sandwich Brown Rice Pilaf Steamed Carrot Coins Cucumber Slices Chilled Fruit Cup *Orange Wedges/breadstick	13. <b>Hilltopper Brunch</b> French Toast Sticks/syrup Egg Patty/Sausage Links Sweet Potato Puffs Red Pepper Strips Applesauce Cup Pineapple Chunks *Stromboli	14. Baked Popcorn Chicken Macaroni and Cheese Steamed Broccoli Baby Carrots/lite dip Chilled Pear Slices Strawberries *Mandarin Sesame Chicken Salad/breadstick	15. Deli Hilltopper Submarine Or Cheese Ravioli/breadstick Seasoned Potato Fries Strawberry Romaine Salad Baked Beans Carrot Sticks/lite dip Pineapple Chunks Red Apple
18. Hot Dog on WG bun Or Sloppy Joes on WG bun Seasoned Potato Rounds Baked Beans Cherry Tomatoes/lite dip Chilled Peach Slices Orange Wedges	19. Spaghetti with Homemade Meat Sauce *Garlic Breadstick Or Italian Flatbread Romaine Tossed Salad Celery Sticks/peanut butter Chilled Fruit Cup Red Apple Slices	20. Cheeseburger on bun Or Hot Ham & Cheese Seasoned Potato Wedges Baby Carrots/lite dip Mandarin Oranges Orange Wedges	21. BBQ Meatball Sub Or Chicken Chow Mein/noodles *Warm Dinner Roll Broccoli Slaw Cherry Tomatoes/lite dip Chilled Strawberries Purple Grapes	22. Cheese Italian Bread Or Turkey Deli Wrap/fixings Vegetable Hardy Soup Carrot Sticks/Radishes Petite Banana Pineapple Chunks
25. Mini Corn Dogs Or Meatloaf/cheese Sandwich Sweet Potato Puffs Steamed Green Beans Sliced Pears Red Grapes	26. Homemade Lasagna With Garlic breadstick Or Breaded Chicken Sandwich Spring Romaine Salad Cauliflower/carrots Fruit Cocktail cup Orange Wedges	27. Chicken Ala King Warm Dinner roll Or BBQ Pork Rib Sandwich Mashed Potatoes Cherry Tomatoes Cucumber Slices Mandarin Oranges Red Apple	28. Tango Taco Wrap/fixings Or Cheeseburger on bun Curly Fries Baked Beans Baby Carrots Pineapple Chunks Melon Wedge	29. Mozzarella Pizza Sticks/Mariana Or Beef & Bean Burrito/salsa Honey Glazed Carrots Cauliflower Florets Petite Banana Red Apple

(Menu subject to change due to availability and delivery) This institution is an equal opportunity provider.



Students must choose 3-5 items, including a ½ cup of **FRUIT** or **VEGETABLE** or **COMBO** to make a lunch meal.

Daily Milk Choices include: 1% White, Skim White or Skim Chocolate