

Raising Your Spirited Child Workshop



October 16, 23 & 30, 2019 – 6:00-8:00 p.m.

**Pierce County Courthouse Annex Conference Room
432 W. Main St., Ellsworth, WI 54011**

Raising Your Spirited Child Workshop:

The key word that distinguishes spirited children from other children is “more” – more intense, more persistent, more sensitive, and more uncomfortable with change. The spirited child can easily overwhelm parents, leaving them feeling frustrated and ineffective.

This workshop series will help dads, moms, grandparents and other caretakers:

- understand your child’s temperamental traits (and your own)
- identify cues leading up to challenging behavior
- cope with tantrums and blow-ups when they do occur
- develop strategies for reducing or eliminating power struggles (especially at mealtime, bedtime, dressing)

The workshop series will be held on three consecutive Wednesdays in October at the **Pierce County Courthouse Annex** Conference Room from **6:00 – 8:00 p.m.** each night

HERE’S WHAT WILL BE COVERED IN EACH SESSION:

- **October 16** **What Makes Kids Spirited?
Intensity**
- **October 23** **Persistence
Sensitivity**
- **October 30** **Perceptiveness
Adaptability**

To Register go to <https://pierce.extension.wisc.edu/> or call the Extension Office Pierce County at 715-273-6781 to have a registration form sent to you, or contact Lori Zierl at lori.zierl@wisc.edu. Registration is due by Oct. 11th, 2019



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